Dear Parents, Students and Staff

“Let Christ’s Light Shine Through Us”

PRINCIPAL’S REPORT

Improving School Culture: If we are able to improve the culture of an organisation, then performance of that organisation will be enhanced at all levels. Unfortunately, measuring an organisation’s culture is extremely difficult. It is, however, possible to measure climate and to put into place strategies to deliberately improve the climate of the organisation. Improved climate is a strong indicator of improved organisational culture and this will improve performance.

Commencing 26th March, St Paul’s College has been involved in an endeavour to collect data to gain a picture of the relative health of many aspects of our school climate. Representative samples of parents, students and all members of staff will complete surveys specifically created for this purpose.

The Catholic Schools Office has secured the services of Insight SRC, an Australian company of international renown, to assist and direct this process. Together, we will identify areas to deliberately improve school climate and determine specific strategies to achieve this outcome. Changing culture does not happen overnight. It can take years, but the benefits can be both immense and sustained. It is truly an exciting venture.

Proclaim Lismore Parents 2014: In the process of Proclaim Lismore Parents, the Diocese of Lismore is working to engage with parents on a program of change to make our schools the best they can be. We want to include you on this journey, so to find out more information, please visit the following link: (for parents of SECONDARY SCHOOL STUDENTS, use this link) http://proclaimlismore.com.au/feb25-1-14.html

P & F Fundraiser and Formal Dinner: As I write this piece, I have a great sense of anticipation for what I believe will be a wonderful night. Many thanks must go to Mrs Belinda Mainey and the organising crew who both directly and indirectly assisted in the preparation for the night. We have some great prizes on offer including signed jerseys from Parramatta and Penrith, an Akubra hat voucher, and a fully catered dinner party for twenty. Similarly, we have some fantastic raffle prizes which will be drawn on the night.

I look forward to seeing many of you there.

ANZAC Day Service: Students from St Paul’s College are invited to march under our College banner on this day. I will be meeting with interested students next week to give them details of the public services on the day. For parents wishing to attend details are as follows:

5.30am – Dawn service (East Kempsey and Willawarrin)
9.00am – Frederickton, Crescent Head, Willawarrin and Gladstone services commence.
10.00am – Hat Head service commences
10.15am – All students intending to march are to gather in Sydney Street
10.30am – March commences to cenotaph
10.30am – South West Rocks march commences from Landsborough Street Council car park
10.50am – Ceremony commences and Bellbrook service commences

All interested students should meet at Sydney Street in full school uniform no later than 10.15am.

I look forward to seeing you there. I hope everyone has a restful and joyous break and returns with new vigour in Term 2.

ST PAUL’S COLLEGE SUBJECT LEVIES ARE NOW DUE
**BOILED LOLLY RAFFLE**

This year’s raffle for the P & F Dinner is numbered lolly jars. The number is recorded when you purchase your jar. Each jar is $15 and is available at the College Office. Numbers will be drawn and recorded on the night of the P & F Dinner. Winners not present on the night can collect the prizes from the College Office. Below are some of the fabulous prizes...

**Raffle Prizes**

- Country Gifts and Flowers Gift Voucher ($25)
- The Purple House Gift Pack ($71)
- Arcade Shoes Gift Voucher ($50)
- Randall’s Business Equipment Gift Voucher ($50)
- Just Lingerie Gift Voucher ($25)
- Wonderland Framing Complete Artists Acrylic Set ($76)
- Camping World Airbed and Pump ($115)
- Raymond’s Pharmacy Estee Lauder Make up Portfolio ($95)
- JB Hair and Waxing Studio De Lorenzo Hair care Gift Pack
- Irvine’s Jewellers Gift Voucher ($25)
- Ian Dunbar Remedial Massage ($50)
- Robert B Walker & Sons 12 bottle of Assorted Wines
- The Boutique Gift Voucher ($25)

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**St Paul’s P & F Major Fundraising Dinner Saturday, 5th April 2014**

**Auction commences 9:30pm**

**Auctioneer—Jamie Mainey**

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**Auction Items**

1. **Akubra Hat** value $180.00
2. **Penrith Jersey** signed by 2014 1st grade players
3. **Parramatta Jersey** signed by 2014 1st grade players
4. **Fully Catered 3 Course Dinner Party**

*Experience an unforgettable evening of fine dining for up to 20 people*

Winners choice of venue
2 cartons of beer & 5 bottles of wine included
Up to $250 in grocery items
Date negotiable with Belinda
To be taken by end of 2014
Crockery etc. supplied & packed down on conclusion.
Uniform: A reminder that as we move into the winter terms, our College uniform changes, especially for the junior girls, with a skirt and blouse the requirement. These are, of course, available through the canteen. A reminder that nose rings and other piercings are not permitted. Students will be asked to remove them. A plea of “but it will close up” will be met with deaf ears. Similarly, we have seen an appearance of ankle high shoes with students claiming they fit the rules. They DO NOT and are not considered acceptable school shoes. Please rectify this over the coming holidays if your child is wearing these.

Easter Liturgy – Passion Play: Our annual Easter Liturgy – Passion Play will be held on the last Friday of term and will commence at 11.30am in the College Hall. Parents and friends are most welcome to come along and join us for this important celebration.

Calling All Past Students: Did you attend St Pius X, Macleay Valley Regional High School, St Paul’s? Do you have memorabilia, old photos, uniforms or paraphernalia that might be loaned to the College?

In preparation for our 50 years celebration in 2015, we are gathering as many items as we can to copy or display during the special time.

If you have anything you would like to loan to the school or something to drop off for us to copy, please contact me by phone or email.

School Attendance – It’s Not Ok To Stay Away: Too many students across Australia and at our schools are missing their best chance to do well in life because they are allowed to miss days of their education. Some students are allowed to stay home for an ever increasing number of excuses including:

- a day off for their birthday
- a day off because relatives are visiting
- a day off to be with parents at home
- a day off to look after younger brothers and sisters
- a day off to go shopping.

Students should only miss school for genuine illness or for serious domestic reasons. All absences must be explained within 7 days, or earlier is even better. Talk to the Principal or class teacher etc if you have trouble getting your child to school. After love and care the most important thing that we, as parents, can give to our kids is an EDUCATION. Every day a child is away, they are losing a learning experience. Over time, missing school leaves a big gap in their learning. They become keener to spend less and less time at school and they influence younger brothers and sisters. Allowing your child to stay home becomes the easy way out. If you require support in saying NO to your child on their attendance or any other issue, please contact someone at your school. We can work together to make a difference to your child’s future.

Be on time. Be at school. That’s the rule! Kempsey Shire Council

Finally I would like to wish all a safe and happy break over the holidays and Holy Week. School resumes Monday, 28th April.

God Bless

Mr Kevin Lewis – Principal
klewis@lism.catholic.edu.au

CALENDAR 2014

View the Live College Calendar at: moodle.kmpslism.catholic.edu.au

<table>
<thead>
<tr>
<th>APRIL</th>
<th>11</th>
<th>Easter Liturgy</th>
<th>28</th>
<th>Term 2 Commences</th>
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<tbody>
<tr>
<td>5</td>
<td></td>
<td>P &amp; F Fundraiser Dinner</td>
<td></td>
<td>Term 1 Ends</td>
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<tr>
<td>7-9</td>
<td></td>
<td>Year 10 PASS Camp</td>
<td>18</td>
<td>GOOD FRIDAY</td>
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<tr>
<td>9-10</td>
<td></td>
<td>Year 12 Retreat</td>
<td>21</td>
<td>EASTER MONDAY</td>
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ASSISTANT PRINCIPAL’S MESSAGE
“Give thanks to the Lord, proclaim his greatness”

As I reflect over the term, it is exciting to see that the majority of students have settled in and have achieved their best. I am sure that they have begun to realise the importance of hard and committed work and have already seen the results of such efforts. I hope all students have an enjoyable and restful break and may they come back for Term Two with an even bigger thirst for achieving their very best.

This week all students in Years 7 to 11 reviewed their semester one goals, remembering that goals are flexible and need, from time to time, to be adjusted to suit changing circumstances.

Year 12 have almost completed their HSC Mid-Course examinations. I thank them for the maturity and respect they displayed. Next in line for Year 12, apart from assessment tasks, will be the HSC Trial exams. Although it seems like a long way off, Trials will be upon us before we know it. All Year 12 students must be kept focussed towards their goals also.

This week and last week, St Paul’s was visited by groups of Year 6 students from St Joseph’s Primary Kempsey, St Patrick’s Primary Macksville, St Mary’s Primary Bowraville and some state primary schools. We hope these students enjoyed their time here experiencing a day in the life of Year 7, and from this experience are looking forward to the orientation day later in the year. Please contact Mr Lewis if your child missed out on these days and you wish for them to experience a day in the life of Year 7.

From the ‘Safe Schools Hub for Parents’ website
‘As a parent, you want your child to feel safe and to be safe at school. The National Safe Schools Framework values the vital role that you play in supporting your child, in connecting and communicating effectively with your child’s school, and in building and nurturing positive relationships. The Safe Schools Hub for Parents provides you with a guide to the Framework, and with information and resources that you may find useful in helping to make your child’s school experience a positive and happy one.

Visit the Safe Hub for Schools website at: http://www.safeschoolshub.edu.au/for-parents’

Have a safe and holy Easter break.
Mr Guy Campbell – Assistant Principal

REC MINISTRY
Year 12 Retreat: The Year 12 Retreat will be held on Wednesday, 9th and Thursday, 10th April at Bonny Hills. This should be good timing for the students to wind down after the HSC Mid-Course examinations. The retreat will be directed by the Passionist team from Brisbane. A reminder that full payment for the retreat is now due.

Passion Play: The Year 9 Drama class, directed by Mrs Amanda Jordan and Mrs Kristy Carney, will present the College Passion Play, Friday, 11th April (the last day of term) in the College hall. Parents and friends are cordially invited to join the whole school as part of the audience. The play will start at 11.30am.

Project Compassion: Students and teachers are supporting CARITAS Australia through Project Compassion, during this period of Lent. Students fundraise and donate money through the collection boxes that are in their PC rooms. The focus for this year’s appeal is a community development project in Brazil.

Chrism Mass: A reminder that the Chrism Mass for the Lismore diocese will be held in Kempsey this year, 14th April, at 7pm. At this mass, the Bishop blesses the sacred oils that will be used during rituals and ceremonies for the year. Most of the priests in the diocese, along with the Bishop, will celebrate this mass. All parishioners are invited to attend.

Mr Conrad Tamblyn – Leader of Evangelism

CURRICULUM NEWS
Year 12 Mid-Course Examinations: Year 12 have been completing their Mid-Course Examinations since last Tuesday, 1st April. Today is a study day with no examinations. Most examinations will finish next Monday afternoon and all students, except those doing Business Studies and Online Ancient History, will have normal classes from next Tuesday morning, 8th April.
2014 UNSW ICAS Examinations: The University of New South Wales is offering your child an opportunity to participate in the International Competitions and Assessments for Schools (ICAS). ICAS assessments have taken place annually in schools for over thirty years and in 20 countries. Educational Assessment Australia (EAA), who design and deliver the assessments, is the not-for-profit arm of the University of New South Wales.

ICAS:
- is an annual skills development assessment program in key areas of learning for students in Years 2-12; assessments are available in Computer Skills, English, Mathematics, Science, Spelling and Writing
- gathers performance information through a 30–60 minute supervised in-school test
- provides a continuous, independent and comprehensive record of a student’s performance, and maps their development over the full period of primary and secondary schooling
- enables the progress of each student to be mapped in each skill against their previous performance, demonstrating personal improvement no matter the starting point
- uses fellow students’ results as a reference point; results are mapped against all students sitting at the same year level in Australia
- provides an excellent preparation for national testing
- enables students at all levels of ability to participate; ICAS contains questions designed to specifically explore the abilities of students of all standards – this includes those of both lower and higher levels of achievement
- medals are awarded to the top students in each subject in each school year in each state when sufficiently meritorious and the test was sat on the official test date
- Achievement certificates are awarded to all students at a range of levels:
  1. High Distinction to the top 1% of students
  2. Distinction to the next 10% of students
  3. Credit to the next 25% of students
  4. Merit to the next 10% of students
  5. Participation to all other students
- results are available to parents and students online; these online reports and analyses remain available indefinitely. ICAS reports indicate which questions were answered correctly, compare student performance to that of the other students tested and are highly suitable for inclusion in a student’s portfolio for future tertiary entrance or job opportunities
- entries are administered through the school, so teachers can also access the information

Entry forms for the ICAS Assessments have been sent home with your children. Please complete the entry form and return it to school by the end of term with the prescribed fee if you would like your child to complete these assessments.

Year 7 and 9 NAPLAN Testing
The 2014 National Assessment Program-Literacy and Numeracy (NAPLAN) assesses the literacy and numeracy learning of students at Years 3, 5, 7 and 9 in all Australian Schools. The results present a picture of student performance assisting teachers to improve the literacy and numeracy skills of their students. Students are assessed using common national tests in Reading, Writing, Language Conventions (Spelling, Grammar and Punctuation) and Numeracy.

NAPLAN tests broadly reflect aspects of literacy and numeracy common to curriculums in all States and Territories. The types of test formats and questions are chosen so that they are familiar to teachers and students across Australia.

Parents, it is important that all students participate in the national tests. Special provisions are made to meet the needs of individual students with special needs. Please contact Mrs Jan Stubbs through the front office for more information.

Parents and carers can best assist students by making them feel comfortable about the nature and purpose of the tests. Children can be assured that the assessments will give them an opportunity to show what they have learned in class.
NAPLAN

<table>
<thead>
<tr>
<th>Language Conventions* and writing</th>
<th>Tuesday 13&lt;sup&gt;th&lt;/sup&gt; May</th>
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<tbody>
<tr>
<td>Reading</td>
<td>Wednesday 14&lt;sup&gt;th&lt;/sup&gt; May</td>
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<tr>
<td>Numeracy**</td>
<td>Thursday 15&lt;sup&gt;th&lt;/sup&gt; May</td>
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*Language Conventions includes spelling, grammar and punctuation.

**Numeracy includes Number, Algebra, Function and pattern, Measurement, chance and data.

Parents Please Note: There is one numeracy test where calculator use is permitted and one where it is not. More information about the National Assessment Program can be found at: www.naplan.edu.au

### Important Diary Dates

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<th>Event</th>
<th>Dates</th>
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<td>Year 12 Mid-Course Exams</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; – 8&lt;sup&gt;th&lt;/sup&gt; April</td>
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<tr>
<td>Year 12 VET Work Placement</td>
<td>5&lt;sup&gt;th&lt;/sup&gt; – 9&lt;sup&gt;th&lt;/sup&gt; May</td>
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<tr>
<td>Year 7 and 9 NAPLAN</td>
<td>13&lt;sup&gt;th&lt;/sup&gt; – 15&lt;sup&gt;th&lt;/sup&gt; May</td>
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<tr>
<td>Years 8-11 Half Yearly Exams</td>
<td>26&lt;sup&gt;th&lt;/sup&gt; – 30&lt;sup&gt;th&lt;/sup&gt; May</td>
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<td>Year 12 HSC Trial Exams</td>
<td>28&lt;sup&gt;th&lt;/sup&gt; July – 12&lt;sup&gt;th&lt;/sup&gt; August</td>
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<tr>
<td>HSC Practical Submission Dates</td>
<td>7&lt;sup&gt;th&lt;/sup&gt; August – 1&lt;sup&gt;st&lt;/sup&gt; September</td>
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<td>Year 11 Preliminary Final Exam</td>
<td>8&lt;sup&gt;th&lt;/sup&gt; – 12&lt;sup&gt;th&lt;/sup&gt; September</td>
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<tr>
<td>Year 11 Work Placement</td>
<td>4&lt;sup&gt;th&lt;/sup&gt; – 8&lt;sup&gt;th&lt;/sup&gt; August</td>
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<tr>
<td>Year 12 HSC Exams</td>
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<tr>
<td>Year 7 – 11 Yearly Exams</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; – 5&lt;sup&gt;th&lt;/sup&gt; December</td>
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### HSC Projects/Performance Marking

<table>
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<tr>
<th>Project</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Textiles and design projects- completion and hand in date</td>
<td>11&lt;sup&gt;th&lt;/sup&gt; August</td>
</tr>
<tr>
<td>Industrial Technology Major Work- completion and hand in date</td>
<td>7&lt;sup&gt;th&lt;/sup&gt; August</td>
</tr>
<tr>
<td>Drama Projects- completion and hand in date</td>
<td>18&lt;sup&gt;th&lt;/sup&gt; August</td>
</tr>
<tr>
<td>Drama Performance-marking dates</td>
<td>18&lt;sup&gt;th&lt;/sup&gt; August-30&lt;sup&gt;th&lt;/sup&gt; August</td>
</tr>
<tr>
<td>English Extension 2 Major Works- completion and hand in date</td>
<td>15&lt;sup&gt;th&lt;/sup&gt; August</td>
</tr>
<tr>
<td>Visual Arts Body of Work- completion and hand in date</td>
<td>25&lt;sup&gt;th&lt;/sup&gt; August</td>
</tr>
<tr>
<td>Music Submitted Works- completion and hand in date</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; September</td>
</tr>
<tr>
<td>Music Performance-Marking dates</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; – 13&lt;sup&gt;th&lt;/sup&gt; September</td>
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Have a safe and restful holiday.

Mr Leon Robinson – Leader of Curriculum

**PEDAGOGY**

**Top Tips For Parents To Help Teens Learn.**

- **Tip #4: Remove Distractions**

  They are at their desk. There is homework to be completed. The books are open, the iPod is on shuffle and hard-wired to their ears, their phone is chirping and flashing as texts arrive and are sent, and the computer is scrolling with instant messages...

  Just another evening in an adolescent’s bedroom, right?

  There’s been a lot said about the ability of teenagers to multitask, and they certainly seem more capable of handling a variety of simultaneous activities far more effectively than older generations. Surely there is no real problem here. After all, multitasking is a necessary and expected part of our life, isn’t it?

  This idea has been challenged recently by an article titled “Monotasking is the new multitasking”. In a nut-shell, new research shows that people who regularly multitask “can’t filter out irrelevancy”. In other words, they struggle to focus on important things over distractions.

  The article indicated five things we should do to minimise multitasking and move toward monotasking (also known as “concentrating”). Parents and teachers should take note of these and encourage adolescent learners to understand their realities for learning. These five things, listed below, were proposed by Australian Psychotherapist Nelly Cullen.
• Create a distraction-free work environment
• Reduce potential interruptions to your work
• Set time limits for intense work and take breaks
• Disengage from other work
• Be present in the moment (not looking for distractions)

For the adolescent learner, I believe this means...
• Getting rid of the phone and IM apps when homework is being done.
• Justifying the type of music that is being listened to when working. Research indicates that music can assist study IF it is slow, rhythmic, with few if any vocals (e.g. Chill-out genre, Baroque music). Most other music is a distraction.
• Short but intense bursts of learning time is best. Parents can help with this by helping teens to gradually increase the length of these work bursts. Through early high school, aim for 20-30 minutes at a time with short, active breaks. By Years 11 and 12, this should be set at an optimum 45-60 minutes at a time, again with an active break with movement before resuming study.

Sporting coaches know the importance of “training how you play” (messing around at training = poor play on game day). The same rule applies for study. If you do inadequate study and allow distractions around you, how will you perform under 2 or 3 hours of exam conditions??

**Mr Rob Mahon - Leader of Pedagogy**
(from Musings on the Middle Years of Education)

**SPECIAL PROVISIONS FOR EXAMS**
If you consider that your child requires special provisions for exams you are asked to contact me at school. The criteria for this may be a diagnosis of dyslexia, receptive/expressive language difficulties, a general inability to read and write effectively, even a high level of anxiety. The provisions include extra time, separate supervision, a reader and/or writer and blue paper. If you have any concerns, please contact me at school.

**Mrs Jan Stubbs - Additional Needs Teacher**

**REUSE, REDUCE, RECYCLE**
We can safely get rid of our old mobile phones, iPads or tablets by bringing them into school for recycling through ‘Australian Mobile Recycling’!

If you would like be part of this, bring your device into Student Services this coming week or after the holidays.

Clean up and clear out over the holidays and support environmentally friendly recycling of these devices.

Contact Mrs Stubbs for more information

😊LIBRARY MATTERS😊

As I type, it’s 8.15am, Tuesday, April 1. Day 1 of Year 12 Half Yearly Exams. It’s encouraging to see a dozen or so of them here putting the finishing touches on their exam preparation. And they have been making use of the extended Library hours (as well as partaking of the bagels and OJ on offer) for the last week or so now. Hopefully their efforts will have paid off. And thanks, on their behalf, to those juniors who tolerated our iPad games moratorium for the sake of our seniors. I’m sure that you’ll appreciate the same consideration when you “hit the big time”.

Final requests for return or payment of overdue books should be going home next week. A prompt response to these early in Term 2 would be very much appreciated. Then we will be able to award House Points according to how clean a record different groups have established.

Just a reminder... to students, parents and staff... that you can borrow up to four titles next week so as to stock your holiday reading shelves. And if you don’t make it to our Library, why not visit the Kempsey Shire Library over the break. Lending catalogues for both can be accessed via the College moodle page.

Also on offer, just in time for the holidays, is a large selection of pre-loved Library books for the cost of a gold coin. And seeing as it’s Lent, all proceeds will go directly to Project Compassion.

At last, entrants should have their user names and passwords for the Premier’s Reading Challenge. A record forty two students in Years 7, 8 and 9 have nominated. Now it remains to be seen how many
actually complete it. Remember... this year there are House Points being awarded! Anyone who has not received their password details, or needs a little help recording their efforts on the PRC Website should call in to the Library for assistance.

Finally, just to remind everyone that you are quite welcome make requests for purchases of titles that you think would enhance our collection. A fair few books have been ordered lately as a result of this. Pop in, have a chat and complete a request form.

THOUGHT FOR THE FORTNIGHT: “Fiction reveals truths that reality obscures.”
(Jessamyn West – 1902 – 1984, American Librarian and Novelist)

Happy Reading
Mr Peter Garty - Teacher-Librarian 😊

SPORTS NEWS
It’s been an action packed week at St Paul’s College in regard to sport. On Monday, we conducted our College Cross Country at our North Street Agriculture facility for the very first time. We are very fortunate to have such a great facility and the feedback from students on the nature of the course was extremely positive. We plan to continue hosting cross country events here in the future, and are currently looking into the possibility of bringing the Diocesan Cross Country event to St Paul’s next year.

On the day we had over 200 students compete on different courses over multiple distances with every competitor getting in the spirit of cross country in trying their best and not being deterred by the mud or water. The following students finished age champion and runner up:

<table>
<thead>
<tr>
<th>YEAR</th>
<th>GIRLS CHAMPION</th>
<th>BOYS CHAMPION</th>
<th>GIRLS RUNNER-UP</th>
<th>BOYS RUNNER-UP</th>
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<tr>
<td>12</td>
<td>Rebecca Grant</td>
<td>Taylem Griffin</td>
<td>Jessica Thomas</td>
<td>Noah Schubert</td>
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<tr>
<td>13</td>
<td>Lauren Renneberg</td>
<td>Finn Askew</td>
<td>Madalynne Farah-Halls</td>
<td>Jackson Daniels</td>
</tr>
<tr>
<td>14</td>
<td>Shanna Wood</td>
<td>Hayden Clarkson</td>
<td>Makayla Marr</td>
<td>Connor Doyle</td>
</tr>
<tr>
<td>15</td>
<td>Chloe Saunders</td>
<td>Harry James</td>
<td>Ashleigh O’Meally</td>
<td>Lachlan Jay</td>
</tr>
<tr>
<td>16</td>
<td>Angie Coates-Beadman</td>
<td>Isaac Robinson</td>
<td>Tilly Shepherd</td>
<td>Callum Sinclair</td>
</tr>
<tr>
<td>17</td>
<td>Josie Clarke</td>
<td>Kolby Wood</td>
<td>Alysha Wynn</td>
<td>Brayden Fisher</td>
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</table>

Congratulations to these students, who all qualify for Diocesan cross country along with the remainder of the top six in each age group.

In football, our girls’ Bill Turner squad enjoyed a 5-2 victory over Port High in round 1 of this competition. Goal scorers were Chloe Saunders, Liana Tyne, Olivia Creswick (2) and Siobhan Musgrave.

Congratulations and good luck in the next round. Our Bill Turner boys’ squad play next week and we wish them every success. Our opens rugby league team played Melville High in the Country Cup and were unfortunately defeated by a strong team. Nathan Phillips has been called into the Armidale Diocesan rugby league to play in the Northern Country trials at Smithtown next week.

Congratulations and good luck to Jessica Grant who has qualified for the Australian Age Swimming Championships “Nationals” and will compete during the first week of the holidays. This is a prestigious event with strict qualifying criteria. We wish Jessica every success as she competes against the best swimmers in Australia.

Over the next few weeks, our coaches will be conducting selection trials and meetings for boys and girls touch football and AFL. Registration details for community sporting organisations also keep coming in so students need to regularly check the sport notice board and listen to morning notices for information.

UPCOMING DATES
Wednesday 9th April - Northern Country rugby league trials - Smithtown
Wednesday 9th April – Bill Turner boys Round 1 – Port Macquarie
Monday 5th May – AFL Swans Cup girls - Port Macquarie
Tuesday 6th May – Diocesan Touch – Port Macquarie
Wednesday 7th May – AFL Swans Cup boys - Port Macquarie
Thursday 22nd May – Diocesan Cross Country - Grafton
Our thoughts and prayers are with Alex McKinnon and his family as they begin the long recovery process from a serious neck injury. #riseforalex

Mr Tim Moorehead – Sports Co-ordinator

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**CANTEEN ROSTER – 2014**

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<th>Week Commencing:</th>
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<tr>
<td><strong>Mon</strong></td>
<td>Amy Hayes</td>
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<tr>
<td><strong>Tue</strong></td>
<td>Karen Hodges</td>
</tr>
<tr>
<td><strong>Wed</strong></td>
<td>HELPERS URGENTLY NEEDED</td>
</tr>
<tr>
<td><strong>Thur</strong></td>
<td>Rani Nagra</td>
</tr>
<tr>
<td><strong>Fri</strong></td>
<td>HELPERS URGENTLY NEEDED</td>
</tr>
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<table>
<thead>
<tr>
<th>Week Commencing:</th>
<th>28th April 2014</th>
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<tbody>
<tr>
<td><strong>Mon</strong></td>
<td>HELPERS URGENTLY NEEDED</td>
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<tr>
<td><strong>Tue</strong></td>
<td>HELPERS URGENTLY NEEDED</td>
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<tr>
<td><strong>Wed</strong></td>
<td>Anne McIntyre</td>
</tr>
<tr>
<td><strong>Thur</strong></td>
<td>Sue Young</td>
</tr>
<tr>
<td><strong>Fri</strong></td>
<td>Karen Denaro</td>
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</tbody>
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**BAKING ROSTER – 2014**

<table>
<thead>
<tr>
<th>Week Commencing:</th>
<th>7th April 2014</th>
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<tbody>
<tr>
<td><strong>Mon</strong></td>
<td>Helen Cosic</td>
</tr>
<tr>
<td><strong>Tue</strong></td>
<td>Pauline Rixon</td>
</tr>
<tr>
<td><strong>Wed</strong></td>
<td>Maree Ward</td>
</tr>
<tr>
<td><strong>Thur</strong></td>
<td>Cate Madden</td>
</tr>
<tr>
<td><strong>Fri</strong></td>
<td>Debbie Hackenberg</td>
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<tbody>
<tr>
<td><strong>Mon</strong></td>
<td>Gail Irvine</td>
</tr>
<tr>
<td><strong>Tue</strong></td>
<td>Shalini Anand</td>
</tr>
<tr>
<td><strong>Wed</strong></td>
<td>Kerry Delaforce</td>
</tr>
<tr>
<td><strong>Thur</strong></td>
<td>Clare Alsford</td>
</tr>
<tr>
<td><strong>Fri</strong></td>
<td>Julie Farah-Halls</td>
</tr>
</tbody>
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**WEEKEND MASS TIMES SURVEY**

At the recent Parish Pastoral Committee meeting it was decided to survey parishioners in relation to the weekend mass times of the parish for two reasons:

1. We have been operating as an amalgamated parish for some time now.
2. For the foreseeable future there are now two priests serving the parish.

The two largest centres for mass in the Parish are Kempsey and South West Rocks but if you feel that there are other alternatives that could work then please indicate this on your survey.

Please indicate your preferences below:

**Saturday Night**

[ ] Kempsey  Preferred Time
[ ] South West Rocks Preferred Time
[ ] Other alternative  Place  Preferred Time

**Sunday**

[ ] Kempsey  Preferred Time
[ ] South West Rocks Preferred Time
[ ] Other alternative  Place  Preferred Time
Parents - Helping Your Kids Shine!
FREE SENSORY WORKSHOP COMING TO YOU....

Many children struggle with difficulties with behaviour, emotional meltdowns, self-regulation and difficulties concentrating and learning at home and in class.

Having an understanding of sensory processing difficulties can assist us in understanding what a child is truly struggling with, and assist us as parents and caregivers to support and encourage children.

- An understanding of the typical development of a child’s sensory processing
- Understand what are sensory processing difficulties and how this presents through “behaviour” issues, emotional difficulties and difficulty concentrating
- Simple strategies for home and preschool/school
- How to create sensory-safe environments for children at home and school
- Free take home resource manual

Wednesday 14th May 2014 @
Kempsey Macleay RSL Club 9am – 3pm
Bookings Essential

Presented by Debbie Hopper, Occupational Therapist
A rare opportunity to meet a specialist in Sensory Processing. Debbie has been helping children all over Australia for years. Here is your chance to attend a FREE workshop presented by Debbie Hopper thanks to Northcotts Northern Region Enhancing Project.

TO BOOK TICKETS CALL 02 6555 9877 or
Email: workshops@lifeskills4kids.com.au
Danae Cantwell
School of Dance
Where kids can learn, thrive and have fun all at the same time!

*R.A.D Classical Ballet
* Jazz  * Hip Hop  * Tap
* Contemporary
* Pilates
* Established week
* Exams
* Adult classes
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* Professional Touring Troupe

Class held at
2 Verge Lane

Ph Danae on 65628706
After 5.30pm
e-mail her anytime
danaecantwell@aol.com.au